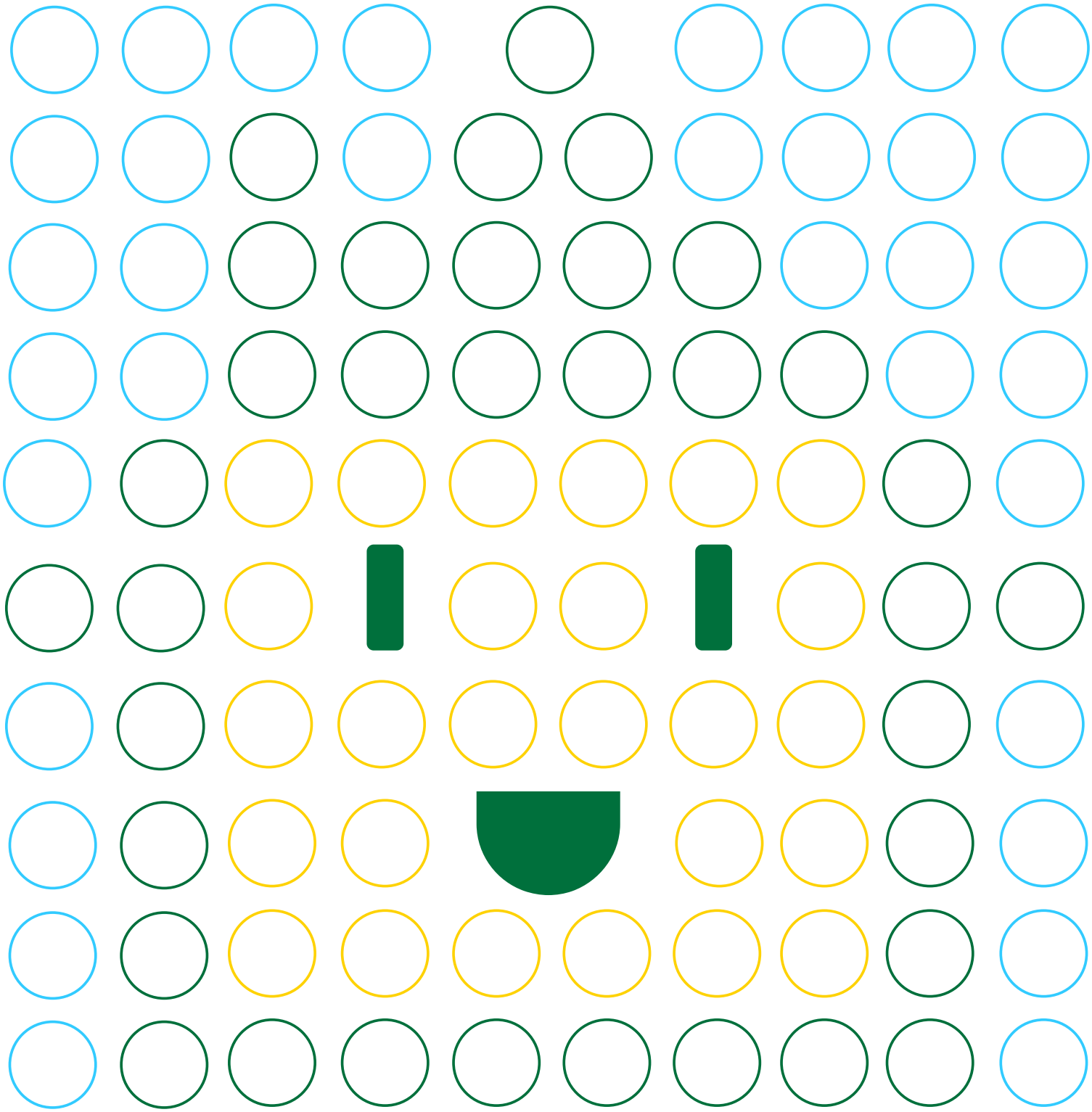

SCREEN-FREE HOURS TRACKER

Fill in a bubble for each hour you spend Screen-Free during Screen-Free Saturdays!
How many can you fill?

screen-free saturdays

www.screenfree.org/saturdays